

BOSTAA 2021

BRITISH ORTHOPAEDIC SPORTS TRAUMA & ARTHROSCOPY ASSOCIATION

ANNUAL INTERNATIONAL CONFERENCE

Live Stream 14 July | On Demand from 15 July

www.bostaa.ac.uk



WHO SHOULD ATTEND?

Calling all Surgeons, Senior Fellows, Trainees, GPs with a special interest in Sports, Sports and exercise specialists, Osteopaths, Physiotherapists, Researchers and others with an interest in joint related problems in a sportsperson.

LIVE STREAM LAUNCH

Join us live on 14 July for highlights from our programme and interactive discussion.

ON DEMAND ACCESS

view 30+ hours of content at your convenience from 15 July until 15 October.

REGISTRATION

open to members and non-members from 5 May - 1 Oct.

CPD ACCREDITATION

CPD points applied for from Royal College of Surgeons of England.

INDUSTRY EXHIBITORS

live webinars; learn about latest innovations; view pre-recorded presentations; have a zoom chat.

1-1 MESSAGING

with speakers, fellow colleagues and industry exhibitors



Live Stream Programme – 14 July

Provisional – subject to change

Join us LIVE on 14 July from the comfort of your home or workplace for highlights from our programme and interactive discussions.

18.00	Introduction and BOSTAA update.	Fares Haddad – President, BOSTAA
18.15	The history of BOSTAA.	Panos Thomas – Past President, BOSTAA
18.30	Meeting introduction highlights and guidance.	Fares Haddad – President, BOSTAA
18.45	Knee injury prevention: a co-ordinated UK strategy.	Andrew Porteous – President, BASK
19.00	The realities of life in top-level sport – round table discussion: Exeter Chiefs presentation and discussion.	hosted by Vipul Mandalia (Exeter)
19.30	BOSTAA free papers and prize presentation – four papers (6 minutes each) and discussion.	
20.00	Closing remarks.	Fares Haddad – President, BOSTAA
20.05	BOSTAA AGM (Members only).	

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On Demand Programme overview

All rooms (on demand access) are included in your registration fee

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ROOM 1	INTERNATIONAL	Arthroscopy Association of North America (AANA); Egyptian Arthroscopy Association (EGAA); International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty (ISKSAA).
ROOM 2	SHOULDER	Tendon injuries around the shoulder; thrower's shoulder; clavicle in sport; glenohumeral joint instability.
ROOM 3	HAND, WRIST, ELBOW	Overview of elbow injuries in sport; the biceps – from origin to insertion; hand and wrist injuries in sport.
ROOM 4	KNEE LIGAMENTS	Review of ACL controversies; PCL, PLC and multi-ligament injuries.
ROOM 5	KNEE	Osteotomy; patellofemoral joint; meniscus; cartilage.
ROOM 6	HIP & SPINE	The hip in sport; spines in sport; hamstrings in sport.
ROOM 7	SPORTS MEDICINE	Sports medicine – hot topics; Covid in sport; concussion; radiology in sports injuries.
ROOM 8	FOOTBALL MEDICINE	The footballer's ankle; football medicine.
ROOM 9	INJURY PREVENTION & TENDINOPATH	Injury prevention; current concepts in rehabilitation; patellar tendinopathy.
ROOM 10	BIOLOGY & MENTAL HEALTH	Fracture in athletes; biologics update; mental health in sports trauma.
ROOM 11	FREE PAPERS	Our selected scientific papers, each giving a 6 minute presentation.

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Room 1 INTERNATIONAL

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Active Healing Through Orthobiologics

Arthroscopy Association of North America (AANA)	Advancing the Scope with AANA Louis McIntyre (New York, USA)	15 mins.
	Knee Jack Farr (Indiana, USA)	15 mins.
	Hip Thomas Byrd (Tennessee, USA)	15 mins.
	Shoulder Mary Mulcahey (Louisiana, USA)	15 mins.
Egyptian Arthroscopy Association (EGAA)	Subscapularis Tears – The Hidden Criminal Amr Rashwan (Egypt)	15 mins.
	Arthroscopic Management of the Locked Posterior Shoulder Dislocation Ahmed Hany (Egypt)	15 mins.
	Arthroscopic Posterolateral Corner Reconstruction Mohamed Abo El Nour (Egypt)	15 mins.
	Approach to a Case of Patellofemoral Instability Hazem Farouk (Egypt)	15 mins.
International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty (ISKSA)	From injury to return to international sports – two case studies	
	Case Study One: Spondylolysis with backpain in a fast bowler Moderator: Prof Lalit Maini Panel: Mohit Sharma (Cricketer, India), Lester Wilson (London, UK), Amit Tyagi (Physiotherapist)	45 mins.
	Case Study Two: Achilles tendon rupture in a fast bowler Moderator: Sanjeev Anand (India) Panel: Joginder Sharma (Cricketer, India), Badrinath Prathi (Physiotherapist)	45 mins.

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Room 2 SHOULDER

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Tendon Injuries Around the Shoulder	Posterosuperior Cuff Tear in Sport Brandon Bryant (Virginia, USA)	15 mins.
	Management of Subscapularis Tears Simon Lambert (London, UK)	15 mins.
	Pectoralis Major Tears Len Funk (Wrightington, UK)	15 mins.
	The Difficult Rotator Cuff – Non-operative Treatment of Partial Thickness Tears Ian Lo (Calgary, Canada)	15 mins.
Thrower's Shoulder	Clinical Presentation & Diagnosis W. Ben Kibler (Lexington, KY, USA)	30 mins.
	Rehabilitation Strategies in The Throwing Shoulder Ian Horsley (West Yorkshire, UK)	15 mins.
	Surgical Management of the Thrower's Shoulder Peter Millett (Vail, USA)	15 mins.
The Clavicle in Sport	Sterno-Clavicular Joint Instability Graham Tytherleigh-Strong (Cambridge, UK)	15 mins.
	Clavicle Fractures in Elite Athletes Mike Walton (Wrightington, UK)	15 mins.
	Acromioclavicular Joint Injuries Neil Jain (Manchester, UK)	15 mins.
Glenohumeral Joint Instability	A New Way to Approach Glenohumeral Instability Simon Lambert (London, UK)	15 mins.
	Pitfalls in Posterior Instability Carlos Cobiella (London, UK)	15 mins.
	In Season Management of Shoulder Instability Kevin Farmer (Florida, USA)	15 mins.
	Return to Play after Glenohumeral Instability Cathy Barrett (London, UK)	15 mins.

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Room 3 HAND, WRIST & ELBOW

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Overview of Elbow Injuries in Sport	The Boxer's Elbow Adam Watts (Wrightington, UK)	15 mins.
	Paediatric Sports Elbow Injuries Joideep Phadnis (Brighton, UK)	15 mins.
	Challenges in the Management of Elbow Injuries in Professional Athletes Roger van Riet (Antwerp, Belgium)	15 mins.
The Biceps: From Origin to Insertion	Long Head of Biceps Bill Regan (Vancouver, Canada)	15 mins.
	Biceps Muscle Injuries Stuart Cosgrove (Bolton, UK)	15 mins.
	Distal Biceps Injury Tony Romeo (Chicago, USA)	15 mins.
Hand & Wrist Injuries in Sport	Ball sports and climbing injuries to the fingers and thumb Mike Hayton (Wrightington, UK)	15 mins.
	Ulnar sided wrist pain in tennis and golf Alistair Hunter (London, UK)	15 mins.
	Falls on the outstretched hand – managing the sporting injury Dan Armstrong (Derby, UK)	15 mins.
	Hand and wrist boxing injuries David Murray (Manchester, UK)	15 mins.
	Return to play after hand and wrist injuries Mike Loosemore (London, UK)	15 mins.

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Room 4 KNEE LIGAMENTS

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Smith+Nephew

Review of ACL controversies	The adolescent ACL injury. The same as adult? Nick Nicolaou (Sheffield, UK)	15 mins.
	ACL repair-current concepts Bruce Reider (Chicaco, USA)	15 mins.
	Managing the 'Unhappy Triad' Maria Tuca (Santiago, Chile)	15 mins.
	Long Term Outcomes from Combined ACL & ALL Reconstruction Bertrand Sonnery-Cottet (Lyon, France)	15 mins.
	The Return of the Old Enemy – My Experience of Using a Synthetic ACL Graft Klaudiusz Kosowski (Pleszew, Poland)	15 mins.
	Anterolateral instability and LEAT: Basic Science and Current evidence Alan Getgood (Ontario, Canada)	15 mins.
	Use of the Quadriceps tendon as an ACL graft Peter Faunø (Aarhus, Denmark)	15 mins.
	Getting the athlete back to sport as quickly as possible following ACL reconstruction surgery Julia Rapicavoli (Miami, USA)	15 mins.
PCL, PLC and Multi-Ligament Injuries	PCL Reconstruction - Technical Pearls Paul Haslam (Doncaster, UK)	15 mins.
	Return to Sport after Multi-ligament Injury Robert Straw (Derby, UK)	15 mins.
	Medial and Anteromedial Corner Reconstruction of the Knee Michael Wagner (Michigan, USA)	15 mins.
	PLC Reconstruction Guido Geutjens (Derby, UK)	15 mins.

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Osteotomy	Osteotomy around the knee – Biomechanics and Gait analysis Richie Gill (Bath, UK)	15 mins.
	HTO and DFO – Indications and How much to correct ? Matt Dawson (North Cumbria, UK)	15 mins.
	Osteotomy Planning Vipul Mandalia (Exeter, UK)	15 mins.
	Posterior tibial slope – Current understanding and evidence Bertrand Sonnery-Cottet (Lyon, France)	15 mins.
	Femoral and Tibial Derotation Osteotomies – Surgical tips and tricks Bob Teitge (Michigan, USA)	15 mins.
	Osteotomy around the knee and intraarticular procedures Martyn Snow (Birmingham, UK)	15 mins.
	Osteotomy around the knee and return to sports Alan Getgood (Ontario, Canada)	15 mins.
Patellofemoral Joint	Patellar instability. Surgical decision making Bobby Anand (London, UK)	15 mins.
	Patellar resurfacing – indication, strategy and back to sports Andreas Imhoff (Munich, Germany)	15 mins.
	Return to sport following PFJ surgery (TTO/ MPFL/ Trochleoplasty) Elizabeth A. Arendt (Minnesota, USA)	15 mins.
	The consequences of femoral tunnel misplacement in MPFL reconstruction David Dejour (Lyon, France)	15 mins.
Cartilage	Microfracture in cartilage repair – current evidence / is there a role? Paul Jermin (Oswestry, UK)	15 mins.
	Cartilage regeneration through ACI / AMI / BMAC Peter Gallacher (Oswestry, UK)	15 mins.
	Osteochondral Allograft – surgical tips, rehab and return to sports Riley J Williams III (New York, USA)	15 mins.
	Return to activity and sports after cartilage repair procedures Seth Sherman (Redwood City, USA)	15 mins.
Meniscus	Meniscal root avulsion in older patients – when to repair? David Dejour (Lyon, France)	15 mins.
	Ramp lesions long term effect. What if left alone? Bertrand Sonnery-Cottet (Lyon, France)	15 mins.
	Meniscus transplantation – Return to activity and sports Peter Verdonk (Antwerp, Belgium)	15 mins.

Room 6 HIP & SPINE

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The Hip in Sport	Femoro-Acetabular Impingement: Aetiology & Decision Making Sion Glyn Jones (Oxford, UK)	15 mins.
	Evolution and Management of Labral Tears in Athletes: options in 2021 Tony Andrade (Reading, UK)	15 mins.
	Hip Instability - Considerations and Surgical Challenges Jon Hutt (London, UK)	15 mins.
	Outcomes of Hip Arthroscopy in Athletes Mark Safran (California, USA)	15 mins.
Spines in Sport	Spine Problems in the Paediatric Athlete Neil Davidson (Oswestry, UK)	20 mins.
	Acute Spondylolysis in Athletes Lester Wilson (London, UK)	20 mins.
	High Energy Spine Trauma in Motor Sport Marcus DeMatas (Liverpool, UK)	20 mins.
Hamstrings in Sport	Diagnostic Modalities and Radiological and Classification Dilemmas Julian Chakraverty (Bristol, UK)	15 mins.
	Emerging Biological Treatments for Muscle Injury Gino Kerkhoffs (Amsterdam, Netherlands)	15 mins.
	Surgical Decision Making Fares Haddad (London, UK)	15 mins.
	Rehabilitation Strategies Bruce Paton (London, UK)	15 mins.
	Elite Level Recovery – How to optimise the pathway Nick Court (London, UK)	15 mins.
	Panel discussion	15 mins.

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Room 7 SPORTS MEDICINE

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Sports Medicine Hot Topics	RED-S: an update on our current understanding Kathryn Ackerman (Boston, USA)	30 mins.
	Optimising Nutrition in the elite athlete Louise Bloor (Sheffield, UK)	20 mins.
Covid in Sport	Testing, vaccines and the virus – a summary of what we know in Sport Jo Banks	20 mins.
	Long Covid and it's consequences for the athlete James Hull (London, UK)	20 mins.
	Return to Play after Covid David Hart (Northampton, UK)	20 mins.
Concussion	Introduction Mat Wilson (London, UK)	5 mins.
	Acute Concussion – Diagnosis & Management Bevin McCartan (London, UK)	15 mins.
	Management of Chronic Concussive Issues Richard Sylvester (London, UK)	15 mins.
	Preventing Concussion Theo Farley (London, UK)	15 mins.
	Future Directions in Concussion Research David Sharp (London, UK)	15 mins.
Radiology in Sports Injuries	Tendon Pathologies in Sports Radiology Waqar Bhatti (Manchester, UK)	15 mins.
	Muscle Injury Imaging in Sport Justin Lee (London, UK)	15 mins.
	Morphologic and Quantitative MSK Imaging Hollis Potter (New York, USA)	15 mins.

Room 8 FOOTBALL MEDICINE

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The Footballer's Ankle	Imaging the Footballer's ankle Stephen Ling (Philadelphia, USA)	20 mins.
	Getting the footballer back to play- Surgical options for the painful ankle Rick Brown (Oxford, UK)	20 mins.
	Arthritis in the footballer's ankle Stanley Jones (Doha, Qatar)	15 mins.
	Physical therapy for the painful footballer's ankle Lauren Butler (Miami, USA)	15 mins.
Football Medicine	Football Medicine in Covid Mark Williams (Staffordshire, UK)	15 mins.
	Injury Prevention Strategies in International Football Steve Kemp (Crewe, UK)	15 mins.
	Isolated Deep MCL Tears in Footballers - a Problematic Injury Andy Williams (London, UK)	8 mins.
	Knee Kinetics in ACL Reconstruction in Professional Footballers – Influence of Choice of Graft Daniel Cohen (Manchester, UK)	15 mins.
	The Control-Chaos Continuum Matt Taberner (Liverpool, UK)	15 mins.
	Return to Play Rates, Level and Timing and Graft Re-Rupture According to Technique for ACL Reconstruction in Professional Footballers Andy Williams (London, UK)	8 mins.

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Room 9 INJURY PREVENTION & TENDINOPATHY

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Injury Prevention	The missing pieces of the Injury prevention jigsaw Dai Sugimoto (Boston, USA)	15 mins.
	Prevention of ACL Injury in football- An Update Markus Walden (Linköping, Sweden)	15 mins.
	Is there a role for screening in Injury prevention? Stephen Targett (Qatar)	15 mins.
	Prevention of hamstring Injury Simon Murphy (West Sussex, UK)	15 mins.
	Injury Prevention in the Paralympic Athlete Nick Webborn (Brighton, UK)	15 mins.
Current Concepts in Rehabilitation	Rehab in Covid - The Perfect Comparison Daniel Richards (Utah, USA)	15 mins.
	Current Concepts of Ankle Ligament Injuries in Professional Footballers Steve Kemp (Crewe, UK)	15 mins.
	Supporting Elite Athletes Returning to Peak Performance After Injury Matt Taberner (Liverpool, UK)	15 mins.
	Rehabilitation in Boxing Ian Gatt (Sheffield, UK)	15 mins.
	Rehab and Injury Prevention Processes in Elite Rugby Diarmaid Brennan (Dublin, Ireland)	15 mins.
	Prevention Strategies for low back pain in Elite Cycling Ben MacDonald (Head Physiotherapist, British Cycling)	15 mins.
Patellar Tendinopathy	Imaging the patellar Tendon for Tendinopathy Sayed Ali (Philadelphia, USA)	15 mins.
	Current concepts on tendon rehabilitation. Is the patellar tendon different? Jill Cook (Melbourne, Australia)	20 mins.
	Jumper's knee-Inject, shock or leave alone? Fazal Ali (Chesterfield, UK)	15 mins.
	Surgical interventions for patellar tendinopathy Michael Dan (New South Wales, Australia)	20 mins.

Room 10 BIOLOGY & MENTAL HEALTH

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Fracture in Athletes	Principles of Treating Periarticular Fractures Jill Rutherford-Davies (Manchester, UK)	20 mins.
	Complications of fractures and how to avoid / treat them Badri Narayan (Liverpool, UK)	20 mins.
	Overuse injuries & stress fractures John Rodgers (Pennsylvania, USA)	20 mins.
Biologics Update	Introduction to Biologics Iain Murray (Edinburgh, UK)	10 mins.
	Osteoarthritis and Cartilage Daniel Saris (Minnesota, USA)	15 mins.
	Biologics in Trauma Philipp Leucht (New York, USA)	15 mins.
	Tendon and Muscle Geoffrey Abrams (California, USA)	15 mins.
	My Practice Scott Rodeo (New York, USA)	15 mins.
Mental Health in Sports Trauma	Mental health in Sport during Covid Phil Hopley	20 mins.
	Mental health awareness in Sport Amit Anand	20 mins.
	Mental health & performance in elite sport Andrew Cruikshank	20 mins.

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Room 11 FREE PAPERS

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Category: TBC	